Meigs High School Breakfast

This institution is an equal opportunity provider and employer.

APRIL 2013

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Apple Cinnamon or Chocolate Muffins Juice Milk	2 Scrambled Egg Patty w/ Sausage Toast Juice Milk	3 Breakfast Pizza Juice Milk	4 Biscuits and Gravy Juice Milk	5 Rise N Shine Breakfast Casserole Juice Milk
8 Fruit & Yogurt Parfait Juice Milk	9 Egg Omelet Meal w/ Sausage Juice Milk	10 Breakfast Pizza Juice Milk	11 Biscuits and Gravy Juice Milk	12 Western Burrito Juice Milk
15 Mini Pancakes Juice Milk	16 Scrambled Egg Patty w/ Sausage Toast Juice Milk	17 Breakfast Pizza Juice Milk	18 Biscuits and Gravy Juice Milk	19 Rise N Shine Breakfast Casserole Juice Milk
22 Apple Cinnamon or Chocolate Muffins Juice Milk	23 Egg Omelet Meal w/ Sausage Juice Milk	24 Breakfast Pizza Juice Milk	25 Biscuits and Gravy Juice Milk	26 Western Burrito Juice Milk
29 Fruit & Yogurt Parfait Juice Milk	30 Scrambled Egg Patty w/ Sausage Toast Juice Milk			

DID YOU KNOW?

The world's heaviest average rain fall (about 430 inches) occurs in Cherrapunji, India, where as much as 87 feet of rain has fallen in one year.

Meigs High School Lunch

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APRIL 2013

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Chicken Patty Sandwich or Pepperoni Pizza or PBJ Potato Triangle Romaine Blend Salad Assorted Fruit Milk	**2** Beef Fiestada or Pepperoni Pizza or PBJ Refried Beans Romaine Blend Salad Assorted Fruit Milk	**3** Spaghetti w/ Meatballs or Pepperoni Pizza or PBJ Garlic Toast Romaine Blend Salad Assorted Fruit Milk	**4** Fish Sandwich or Pepperoni Pizza or PBJ Broccoli & Cheese Romaine Blend Salad Assorted Fruit Milk	**5** Restaurant Style Chicken Fries or Pepperoni Pizza or PBJ Green Beans Romaine Blend Salad Assorted Fruit Milk
8 Cheeseburger or Pepperoni Pizza or Turk/Ch Sandwich Baked Beans Romaine Blend Salad Assorted Fruit Milk	**9** Steak & Cheese Pita Pockets or Pepperoni Pizza or Turk/Ch Sandwich Cauliflower w/ Cheese Assorted Fruit Milk	**10** Macaroni & Cheese or Pepperoni Pizza or Turk/Ch Sandwich Spinach/Berry Salad Assorted Fruit Milk	**11** Buffalo Chicken Tenders or Pepperoni Pizza or Turk/Ch Sandwich Carrots w/ Ranch Romaine Blend Salad Assorted Fruit Milk	**12** Stuffed Crust Pizza or PBJ or Turk/Ch Sandwich Corn Romaine Blend Salad Assorted Fruit Milk
15 BBQ Rib Sandwich or Pepperoni Pizza or PBJ Potato Wedges Romaine Blend Salad Assorted Fruit Milk	**16** Taco in a Bag or Pepperoni Pizza or PBJ Black Beans Romaine Blend Salad Assorted Fruit Milk	**17** Baked Ziti or Pepperoni Pizza or PBJ Garlic Toast Romaine Blend Salad Assorted Fruit Milk	**18** Grilled Chicken Sandwich or Pepperoni Pizza or PBJ Green Beans Romaine Blend Salad Assorted Fruit Milk	**19** Hot Ham & Cheese on Goldfish Bread or Pepperoni Pizza or PBJ California Blend Veg. Romaine Blend Salad Assorted Fruit Milk
22 Mini Corndogs or Pepperoni Pizza or Turk/Ch Sandwich Broccoli & Cheese Romaine Blend Salad Assorted Fruit Milk	**23** Meatball Subs or Pepperoni Pizza or Turk/Ch Sandwich Carrots Romaine Blend Salad Assorted Fruit Milk	**24** Sliced Turkey or Pepperoni Pizza or Turk/Ch Sandwich Mashed Potatoes & Gravy Hot Roll Romaine Blend Salad Assorted Fruit Milk	**25** Pulled Pork Sandwich or Pepperoni Pizza or Turk/Ch Sandwich Pinto Beans Romaine Blend Salad Assorted Fruit Milk	**26** Buffalo Chicken Wings or Pepperoni Pizza or Turk/Ch Sandwich Celery & Peanut Butter Breadstick Romaine Blend Salad Assorted Fruit Milk
29 Hot Dogs w/ Sauce or Pepperoni Pizza or PBJ Sweet Potato Tots w/ Maple Cinnamon Topping Romaine Blend Salad Assorted Fruit Milk	**30** Chili w/ Beans over Tortilla Chips or Pepperoni Pizza or PBJ Romaine Blend Salad Assorted Fruit Milk			

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