

# SEPTEMBER | 2017

## Meigs Middle School Breakfast

USDA is an equal opportunity provider

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Pancakes
4 No School Labor Day	5 Egg Omelet Sausage Toast	6 Breakfast Pizza	7 Sausage Gravy & Biscuit	8 Pancakes
11 Pancake Wrap	12 Scrambled Egg Patty Sausage Toast	13 Breakfast Pizza	14 Sausage Gravy & Biscuit	15 Fruit and Yogurt Parfait
18 No School for Students Waiver Day	19 Egg Omelet Sausage Toast	20 Breakfast Pizza	21 Sausage Gravy & Biscuit	22 Pancakes
25 Yogurt Double Chocolate Muffin	26 Scrambled Egg Patty Bacon Toast	27 Breakfast Pizza	28 Sausage Gravy & Biscuit	29 Blueberry Pancakes

### News

Reminder: Milk, assorted fruit, and 100% juice are offered with every meal.

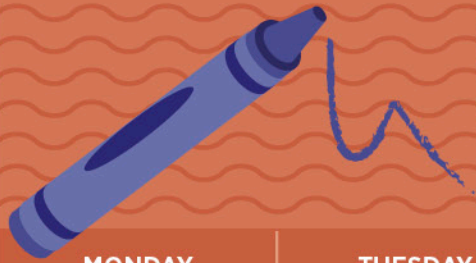
Students must choose at least 3 of the 4 offered items.

Questions?

Please contact:

Chrissy Musser  
Food Service Director  
740-992-6171  
[chrissy.musser@meigslocal.org](mailto:chrissy.musser@meigslocal.org)

\*Menus subject to change w/o notice.



# SEPTEMBER | 2017

## Meigs Middle School Lunch

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<b>1</b> Pepperoni & Cheese Calzone Succotash
<b>4</b> No School Labor Day	<b>5</b> Bosco Sticks Carrots w/ Ranch	<b>6</b> Macaroni & Cheese Peas	<b>7</b> BBQ Rib Sandwich Tater Tots	<b>8</b> Popcorn Chicken Potato Triangle
<b>11</b> Chicken Quesadilla Black Beans	<b>12</b> Steak & Cheese Sub Twisty Fries	<b>13</b> Asian Chicken Stir Fry Rice Fortune Cookie	<b>14</b> Sloppy Joe Sweet Potato Tots	<b>15</b> Chicken Patty Sandwich California Blend Vegetables
<b>18</b> No School for Students Waiver Day	<b>19</b> Mini Corn Dogs Cheesy Tots	<b>20</b> <u>Breakfast for Lunch</u> Bacon, Egg, and Cheese Burrito Potato Triangle	<b>21</b> Pulled Pork Sandwich Succotash	<b>22</b> Beef Fiestada Carrots
<b>25</b> Buffalo Chicken Strips Mozzarella Sticks Carrots w/ Ranch	<b>26</b> Stuffed Crust Pizza Spinach & Strawberry Salad Cherry Slushie	<b>27</b> Salisbury Steak Mashed Potatoes & Gravy Hot Roll	<b>28</b> Taco in a Bag Refried Beans	<b>29</b> Marauder Burger French Fries

### News

Reminders: Romaine Salad, assorted fruit, and milk are offered with every meal.

Students must take at least 3 items at lunch (one being a fruit or vegetable), but are encouraged to take all 5 items offered!

These entrees are also offered daily:

- Pepperoni Pizza
- Popcorn Chicken Salad
- Peanut Butter & Jelly
- Ham/Cheese or Turkey/Cheese Sandwich