

SEPTEMBER | 2017

Meigs High School Breakfast

USDA is an equal opportunity provider

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Pancakes
4 No School Labor Day	5 Egg Omelet Sausage Toast	6 Sausage Gravy & Biscuit	7 Breakfast Pizza	8 Pancakes
11 Pancake Wrap	12 Scrambled Egg Patty Sausage Toast	13 Sausage Gravy & Biscuit	14 Breakfast Pizza	15 Fruit and Yogurt Parfait
18 No School for Students Waiver Day	19 Egg Omelet Sausage Toast	20 Sausage Gravy & Biscuit	21 Breakfast Pizza	22 Pancakes
25 Pancake Wrap	26 Scrambled Egg Patty Bacon Toast	27 Sausage Gravy & Biscuit	28 Breakfast Pizza	29 Blueberry Pancakes

News

Reminder: Milk, assorted fruit, and 100% juice are offered with every meal.

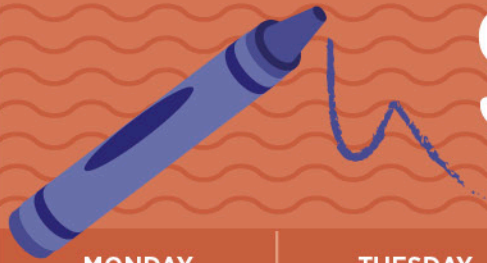
Students must choose at least 3 of the 4 offered items.

Questions?

Please contact:

Chrissy Musser
Food Service Director
740-992-6171
chrissy.musser@meigslocal.org

*Menus subject to change w/o notice.



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Meigs High School Lunch

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Pepperoni & Cheese Calzone Succotash
4 No School Labor Day	5 Bosco Sticks Carrots w/ Ranch	6 BBQ Rib Sandwich Tater Tots	7 Macaroni & Cheese Peas	8 Popcorn Chicken Potato Triangle Shortbread Cookies
11 Chicken Quesadilla Black Beans	12 Steak & Cheese Sub Twisty Fries	13 Sloppy Joe Sweet Potato Tots	14 Asian Chicken Stir Fry Rice Fortune Cookie	15 Chicken Patty Sandwich California Blend Vegetables
18 No School for Students Waiver Day	19 Mini Corn Dogs Cheesy Tots	20 Pulled Pork Sandwich Succotash	21 <u>Breakfast for Lunch</u> Bacon, Egg, and Cheese Burrito Potato Triangle Double Chocolate Muffin	22 Beef Fiestada Carrots
25 Buffalo Chicken Strips Mozzarella Sticks Carrots w/ Ranch	26 Stuffed Crust Pizza Spinach & Strawberry Salad Cherry Slushie	27 Taco in a Bag Refried Beans Rice Krispie Treat	28 Salisbury Steak Mashed Potatoes & Gravy Hot Roll Sugar Cookie	29 Marauder Burger French Fries

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Reminders: Romaine Salad, assorted fruit, and milk are offered with every meal.

Students must take at least 3 items at lunch (one being a fruit or vegetable), but are encouraged to take all 5 items offered!

These entrees are also offered daily:

- Pepperoni Pizza
- Popcorn Chicken Salad
- Peanut Butter & Jelly
- Ham/Cheese or Turkey/Cheese Sandwich