



# JANUARY | 2018

## Meigs High School Breakfast

*USDA is an equal opportunity provider*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> NO SCHOOL	<b>2</b> Assorted Muffins/Donuts	<b>3</b> Sausage Gravy & Biscuit	<b>4</b> Breakfast Pizza	<b>5</b> Cinnamon Roll
<b>8</b> Pancake Wrap	<b>9</b> Egg Omelet Sausage Toast	<b>10</b> Sausage Gravy & Biscuit	<b>11</b> Breakfast Pizza	<b>12</b> Blueberry Pancakes
<b>15</b> NO SCHOOL MLK JR DAY	<b>16</b> NO SCHOOL WAIVER DAY	<b>17</b> Breakfast Pizza	<b>18</b> Sausage Gravy & Biscuit	<b>19</b> Pancakes
<b>22</b> Apple Bosco Sticks	<b>23</b> Scrambled Egg Patty Bacon Toast	<b>24</b> Sausage Gravy & Biscuit	<b>25</b> Breakfast Pizza	<b>26</b> Cinnamon Roll
<b>29</b> Pancake Wrap	<b>30</b> Egg Omelet Sausage Toast	<b>31</b> Sausage Gravy & Biscuit		

### News

Reminders: Milk, assorted fruit, and 100% juice are offered with every meal.

Students must take at least 3 items at breakfast (one being a fruit or vegetable), but are encouraged to take all 4 offered items!

Questions?

Please contact:

Chrissy Musser, SNS  
Food Service Director  
740-992-6171  
[chrissy.musser@meigslocal.org](mailto:chrissy.musser@meigslocal.org)

\*Menu subject to change w/o notice.



# JANUARY | 2018

## Meigs High School Lunch

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> NO SCHOOL	<b>2</b> BBQ Rib Sandwich Cherry Slushie	<b>3</b> Beef Fiestada Black Beans	<b>4</b> Bacon, Egg, and Cheese Burrito Potato Triangle Soft Pretzel w/ Cheese	<b>5</b> Stuffed Crust Pizza Corn
<b>8</b> Mini Corn Dogs Broccoli & Cheese	<b>9</b> Crispy Chicken Sandwich Potato Smiles	<b>10</b> Taco in a Bag Refried Beans Triple Chocolate Cookie	<b>11</b> Mini Ravioli Cherry Slushie	<b>12</b> Pizza Calzone Succotash
<b>15</b> NO SCHOOL MLK JR DAY	<b>16</b> NO SCHOOL WAIVER DAY	<b>17</b> Bosco Sticks Corn	<b>18</b> Pulled Pork Sandwich Tater Tots	<b>19</b> Buffalo Chicken Strips Mozzarella Sticks Carrots w/ Ranch
<b>22</b> Chicken Quesadilla Refried Beans	<b>23</b> Cheeseburger Cheesy Tots	<b>24</b> Ham & Cheese Hot Pocket Green Beans	<b>25</b> Asian Chicken Stir Fry Rice Fortune Cookie	<b>26</b> Popcorn Chicken Potato Triangle Brownie
<b>29</b> Pizza Crunchers Succotash	<b>30</b> Hot Dog w/ Sauce Tater Tots Goldfish	<b>31</b> Steak & Cheese Sub Potato Wedges		

### News

Reminders: Romaine Salad, assorted fruit, and milk are offered with every meal.

Students must take at least 3 items at lunch (one being a fruit or vegetable), but are encouraged to take all 5 offered items!

These entrées are also offered daily:

- Pepperoni Pizza
- Popcorn Chicken Salad
- PB&J
- Ham/Cheese or Turkey/Cheese Sandwich

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