



MARCH | 2017

Meigs Middle School Breakfast

This institution is an equal opportunity provider

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Breakfast Pizza	2 Sausage Gravy & Biscuit	3 Pancakes
6 Trix Yogurt Chocolate Muffin	7 Scrambled Egg Patty Bacon Toast	8 Breakfast Pizza	9 Sausage Gravy & Biscuit	10 Mini Blueberry Pancakes
13 Pancake Wrap	14 Egg Omelet Sausage Toast	15 Breakfast Pizza	16 Sausage Gravy & Biscuit	17 Bacon, Egg, and Cheese Burrito
20 No School Waiver Day	21 Scrambled Egg Patty Bacon Toast	22 Breakfast Pizza	23 Sausage Gravy & Biscuit	24 Fruit and Yogurt Parfait
27 Trix Yogurt Chocolate Muffin	28 Egg Omelet Sausage Toast	29 Breakfast Pizza	30 Sausage Gravy & Biscuit	31 Pancakes

News

Reminder: Milk, assorted fruit, and 100% juice are offered with every meal.

Students must choose at least 3 of 4 offered items.

*Menu subject to change.



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Meigs Middle School Lunch

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Mini Cheese Ravioli w/ Marinara Sauce Spinach & Strawberry Salad Garlic Toast	2 Taco in a Bag Refried Beans	3 Bosco Sticks Carrots w/ Ranch
6 Pulled Pork Sandwich Sweet Potato Tots	7 Corn Dog Broccoli & Cheese	8 Chicken and Noodles Green Beans Apple Turnover	9 Beef Fiestada Pinto Beans	10 3 Cheese Calzone Corn
13 Cheeseburger Baked Beans	14 BBQ Rib Sandwich California Blend Vegetables	15 Asian Chicken Stir Fry Rice Fortune Cookie	16 Steak & Cheese Sub Sweet Potato Waffle Fries	17 Cheese Quesadilla Succotash
20 No School Waiver Day	21 Crispy Chicken Sandwich Potato Smiles	22 Spaghetti w/ Meatballs Spinach & Strawberry Salad Garlic Toast	23 Buffalo Chicken Strips Mozzarella Sticks Carrots w/ Ranch	24 3 Cheese French Bread Pizza Cherry Slushies
27 Ham & Cheese Pocket Broccoli & Cheese	28 Taco Dog Refried Beans	29 Salisbury Steak Mashed Potatoes Gravy Hot Roll	30 Rotini w/ Meaty Marinara Soft Pretzel w/ Cheese Cup	31 Stuffed Crust Cheese Pizza Corn

Note: March 10 – April 14

All Meigs Local cafeterias will be offering a fish or vegetarian option on Fridays for those students observing Lent.

Reminders: Romaine Salad, assorted fruit, and milk are offered with every meal.

Students must take at least 3 items at lunch (one being a fruit or vegetable), but are encouraged to take all 5 offered items!

These entrees are also offered daily:

- **Pepperoni Pizza**
- **Popcorn Chicken Salad**
- **Peanut Butter & Jelly**
- **Ham/Cheese or Turkey/Cheese Sandwich**

***Menu subject to change**